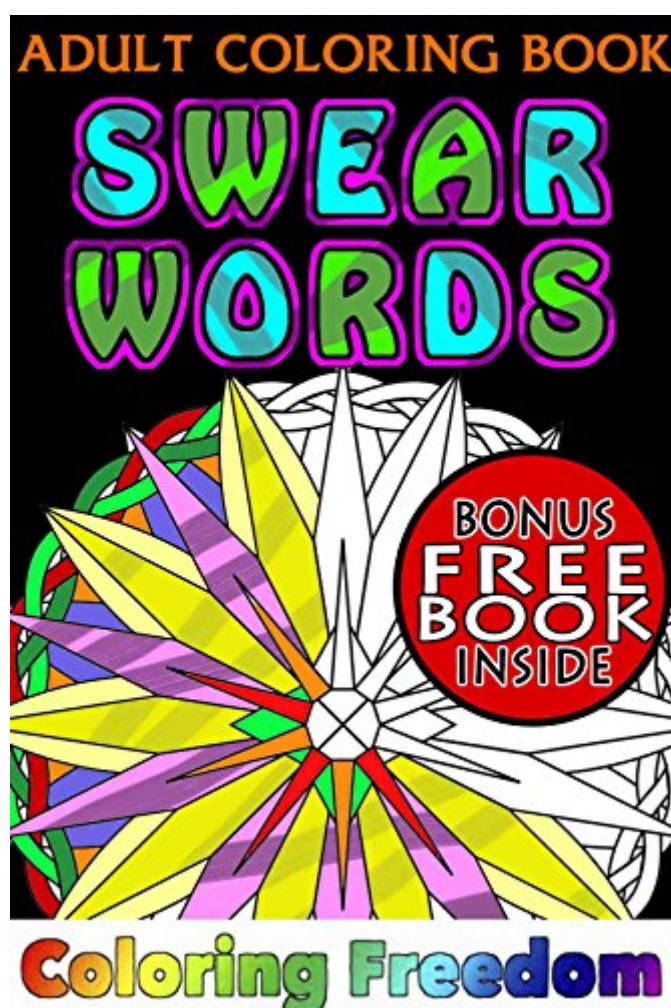


The book was found

Swear Words Patterns And Designs: For Meditation, Stress Relief, Relaxation, Therapy, And Fun (Books For Creative Adults Book 1)



Synopsis

Kindle users, included in the book is a link to a free printable PDF of every picture as a free bonus for you to enjoy. Purchase this book today and receive another original bonus coloring book worth \$2.99 that you can download and print for free! Escape to a world of creative indulgence and relaxation when you download Swear words patterns and designs for meditation, stress relief, relaxation, therapy, and fun (Books for creative adults) This book contains unique black and white designs, illustrations, and patterns with funny swear words and phrases for you to color and enjoy hours of mindful relaxation and stress relief. The designs in this book have are 100% original and different from those found in our popular "Swear Words" series. Why are adult coloring books so popular? Coloring as an adult can bring a peaceful calm to your mind as you focus your energy on a single creative expression while letting the stress of the day fade off into the distance. Take a moment just for yourself today and welcome some inner peace into your life by indulging in a favorite pastime. This book contains 20 unique and intricate designs for hours of enjoyment as well as useful tips about: How to prepare to color Blending and gradients How to create realistic light and shadow effects The benefits of coloring How coloring can actually be superior to traditional meditation for achieving a meditative state Use the included PDF file to print out the many detailed and funny pictures in this book on some high quality 8.5 by 11 paper and let your creative juices flow. When you're finished, you'll have many display-worthy drawings of funny swear words, curse words, and lewd phrases that you'll want to share with your friends. Therapeutic benefits of coloring Coloring as an adult has many proven benefits backed up by science. Spending time coloring has been shown to reduce stress, promote mindfulness, and improve mental clarity and focus, and even provide a lasting benefit to one's memory and cognition. Coloring patterns can help us to achieve a meditative state. In fact, many people find it easier to achieve this state when coloring than they do when actually trying to meditate. This is probably because meditation involves a deliberate effort to detach the flow of thoughts from the concept of the self. Doing so requires a deliberate focus and effort on the task at hand which can actually serve to make achieving the desired result more difficult. Many adults who color report being "lost" in the simple act of coloring and becoming detached from the flow of thought and time, easily achieving higher orders of meditation than they ever had before. Scroll up to grab your copy of Swear words patterns and designs for meditation, stress relief, relaxation, therapy, and fun (Books for creative adults) and enjoy hours of entertainment and relaxation for this limited time promotional price! tags: swearing, swears, best seller, art, illustrators, zen

Book Information

File Size: 2446 KB

Simultaneous Device Usage: Unlimited

Publication Date: March 13, 2016

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B01CYB9DC8

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #116,226 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #18

inÃ Â Kindle Store > Kindle eBooks > Crafts, Hobbies & Home > Crafts & Hobbies > Painting #28

inÃ Â Books > Arts & Photography > Other Media > Graffiti & Street Art #4102 inÃ Â Books >

Crafts, Hobbies & Home > Crafts & Hobbies

Customer Reviews

Why do some authors/publishers persist on giving Kindle users images/designs/patterns with so much black...some of these designs have too much black. Let us, the colorists, decide if we want shading and what colors we will use. I have very, very seldom used black as shading for anything. While some of the swearing is original to me, I wasn't impressed with anything used here. NOT one link at end of coloring book is valid...All get Sorry - page not found msg from .

Love the book

I am disgusted with the language...I am surprised I ordered it! Guess I didn't read enough. The pictures are fine for coloring if one can get beyond the message.

delightfully vulgar swears. fun patterns to color. so many word I've never knew existed.

This is a funny and entertaining way to relax. I love these filthy coloring books.

There are definately some new eye popping swear words in this book, great patterns :)

Fabulous coloring book!

a totally awesome book

[Download to continue reading...](#)

Swear words patterns and designs: for meditation, stress relief, relaxation, therapy, and fun (Books for creative adults Book 1) Coloring Books for Adults Relaxation: Swear Word Animal Designs: Sweary Book, Swear Word Coloring Book Patterns For Relaxation, Fun, and Relieve Your Stress (Volume 5) Magical Swear Word. Adult Coloring Books: Relaxation and Stress reduction: 30 Stress Relieving Magical Sweary Designs : flowers, mandalas, patterns. ... Anxiety and Stress (Swear Word Coloring Book) Swear Word Coloring Book : Adults Coloring Book With Some Very Sweary Words: 41 Stress Relieving Curse Word Designs To Calm You The F**k Down (Swear Words Coloring Books for Adults) (Volume 1) Swear Word Coloring Book For Adults : Cheeky Sweary Animals: 44 Designs Large 8.5" x 11"Big Pages Of Swearing Animals For Stress Relief And Relaxation (Swear Word Coloring Books) (Volume 9) Swear Word Adult Coloring Book : Blow Off Some Fuc*ing Steam 40 Stress Relieving Sweary Designs: Release Your Anger With The Best Swear Word Relief Book (Swear Word Coloring Books) (Volume 9) The Adult Coloring Book for Coffee Lovers: A Meditation and Stress Relief Coloring Book for Grown-Ups (Humorous Antistress Coloring Pages and Zentangle Designs for Relaxation and Stress Relief) Calm colouring book: Adult colouring book with Easy flower designs and simple floral patterns for Stress Relief and Relaxation, Anti-Stress Colouring, ... Colouring Books of Adults) (Volume 3) Swear Word Coloring Book (Night Edition): 40 Swear Words, Obnoxious Words and Insults.Release Your Anxiety and Stress.Sweary Unique Designs on Black ... Book with Sweary Coloring Book For Fun) Sit the Fuck Down and Color: 40 Unique Sweary Designs To Color ! Swear word coloring book. Stress relief coloring book (Coloring Books For Adults Relaxation) Guided Meditation: 30 Minute Guided Meditation for Sleep, Relaxation, & Stress Relief ((Self Hypnosis, Affirmations, Guided Imagery & Relaxation Techniques) Celtic Designs Coloring Book for Adults: 200 Celtic Knots, Crosses and Patterns to Color for Stress Relief and Meditation [Art Therapy Coloring Book Series, Volume Three] (Volume 3) Adult Coloring Books Swear words: Shut up twatwaffle : Escape the Bullshit of your day : Stress Relieving Swear Words black background Designs (Volume 1) Swear Word Coloring Book. 40 Unique Designs: Swear and Relax Coloring Book.Release Your Anxiety and Stress(Sweary Beautiful Designs : Flowers,Mandalas,Patterns) Swear Word Coloring Book: 40 Sweary Designs. Stress Relief Coloring

book.Swear and Relax(Adult Coloring books) Swear Word Coloring Book:40 Unique Sweary Designs .: Relaxing Coloring Book with Sweary Words(Beautiful & Stress Relief Designs To Color) Meditation: Complete Guide To Relieving Stress and Living A Peaceful Life (meditation, meditation techniques, stress relief, anger management, overcoming fear, stop worrying, how to meditate) Penguin Coloring Book For Adults: A Stress Relief Adult Coloring Book Of 40 Penguin Designs in a Variety of Intricate Patterns (Animal Coloring Books for Adults) (Volume 10) BULLSHIT: 50 Swear Words to Color Your Anger Away: Release Your Anger: Stress Relief Curse Words Coloring Book for Adults Mandala Coloring Book: 100 plus Flower and Snowflake Mandala Designs and Stress Relieving Patterns for Adult Relaxation, Meditation, and Happiness (Mandala Coloring Book for adults)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)